GLUTEN-FREE LOAF BREAD

PREP TIME: 50 MINUTES

TOTAL TIME: 2 HOURS

YIELD: 1 x 400g loaves

SERVING SIZE: 1/5 loaf (75 grams)

ALLERGENS: Dairy, Eggs



Ingredients:

Volume	Ingredients	Grams	Bakers %
1.5 cup	Ardent Mills Gluten-Free All-Purpose Flour Blend	200	100
3/4 tsp	Instant yeast	3.8	1.14
N/A	Cream of tartar	.05	.FO.
³ / ₄ tbsp	Sugar	12	3.61
1 1/3 tsp	Kosher Salt	6	1.80
1/2 cup	Milk	62	18.67
2 tbsp	Butter (melted)	26.7	8.04
1/2 tsp	Apple cider vinegar	2.4	.72
1½ tbsp	Egg whites	19	5.72
2.5 cups	Total	331.95	139.71



Equipment:

4-Speed upright mixer with paddle attachment.

Directions:

- 1. Grease a 9x5 bread pan.
- 2. In the bowl of a stand mixer, combine all dry ingredients and mix for 1 minute with the paddle attachment to combine.
- 3. Add remaining liquid ingredients and mix on low speed until combined.
- 4. Mix for 3 minutes on high, until a thick smooth batter is formed.
- 5. Scrape mixture into bread pans and cover with oiled plastic wrap.
- 6. Allow to rise for 30-45 minutes, until dough has risen to 1.5 times the size. (Should be over the edge of then pan by 1/2").
- 7. Bake at 375°F (190°C) for 45-60 minutes until the center of the bread reaches 195°F (90°C).
- 8. Remove from oven, cool in pan for 10 minutes then turn out onto a cooling rack until completely cooled.

For sales inquiries or to request a sample, contact us at 888-680-0013 or visit ardentmills.com

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